

Let's try! Crafts, Recipes and Songs

Tempura (Deep fried food)

Ingredients for four people

Tempura

- Tempra batter
 - · Soft flour 160g
 - Eggs \times 2
 - · Cold water 2 cups
- Vegetables (Any vegetables such as pumpkins, egg plants, mushrooms) cut into proper size
- Meat/shrimp etc. to be cut into proper size



- 1 Mix the ingredients for the tempura batter in a bowl. Mix as if you are cutting the flour lightly. Don't knead the flour to avoid the flour protein turns into gluten, in order to make crispy Tempura.
- 2 Cut vegetables or meat into proper size.
- Pour oil into the deep flyer pot enough to soak the ingredients and heat the oil to 170°C. If the temperature is right, the drop of the batter jumps back to the surface before it reaches the bottom.
- 4 Batter the vegetables/meat, etc. and then slowly put them into the oil.
- 5 Tempura is ready when the sound and bubbles get smaller. The tempura starts to float on the oil surface.



Snow Jelly (Cold sweets)

powder agar spoonful (can be substituted by gelatin) sugar 120g water 2 cups

Egg white 1 suger spoonful

Cut fruits (strawberry, Kiwi, oranges, etc.)



- Cut fruits into small pieces.
- Put A into a pan and heat the pan. Mix occasionally and stop heating when it boils.
- Whip B into meringues.
- Cool A down for a while and mix with B and fruits and quickly pour it into the container.
- Put it in the fridge and it's ready when it is cold!

Fruits harden agar very quickly, so be careful to distribute the fruits well into the container.

If you use gelatin, soften the gelatin by soaking it into small portions of water. Include the softened gelatin in the water portion of the ingredients and heat in the pan.

Agar gets harder in room temperature, but gelatin needs to be cold.

Making a "Kabuto (Samurai Helmet)"

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Originally, Samurai helmets were worn by men going to battles, and they were made in iron to protect heads from enemies. You can make it out of paper such as newspapers.

Children's Day

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This is an event handed down from ancient times. It falls on May 5th.

People express hope that each boy in a family grow up healthy and strong by flying carp-shaped streamers outside of a house and displaying a warrior doll with Kabuto.

Songs

World Song of World Association of Girl Guides and Girl Scouts Japanese (Gaaru Gaido Gaaru Sukauto Sekai Renmei Ka) words by Gavin Ewart, music by Jean Sibelius, translated by Ayako Noguchi



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Make New Friends (Atarashii Tomo)

